

## **Hebrews 12**

### **“Looking Unto Jesus”**

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## **Vv 1-2**

### **The Race of Faith**

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## **Lay Aside Every Weight, Every Sin**

**James 1:14-15**

*But each one is tempted when he is drawn away by his own desires and enticed. Then, when desire has conceived, it gives birth to sin; and sin, when it is full-grown, brings forth death.*

**1 Corinthians 10:13**

*No temptation has overtaken you except such as is common to man; but God [is] faithful, who will not allow you to be tempted beyond what you are able, but with the temptation will also make the way of escape, that you may be able to bear [it].*

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## Endurance needed to run the race

*Endurance (Gr. Hupomone)*

*"which does not mean the patience which sits down and accepts things but the patience which masters them... It is a determination, unhurrying and yet undelaying, which goes steadily on and refuses to be deflected."*

*- (Wm Barclay, quoted in Guzik )*

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## Endurance needed to run the race

*Acts 20:24*

*"But none of these things move me; nor do I count my life dear to myself, so that I may finish my race with joy, and the ministry which I received from the Lord Jesus, to testify to the gospel of the grace of God.*

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## Author and Finisher of Our Faith

*Philippians 1:6*

*He who has begun a good work in you will complete it until the day of Jesus Christ*

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6

**Jesus Endured the Cross***Isaiah 53:7*

*He was oppressed and He was afflicted,  
yet He opened not His mouth; He was led  
as a lamb to the slaughter, and as a sheep  
before its shearers is silent, so He opened  
not His mouth.*

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**Jesus Despised the Shame***Daniel 12:2*

*And many of those who sleep in the dust of  
the earth shall awake, some to everlasting  
life, some to shame and everlasting  
contempt.*

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**Vv 3-4****Consider Jesus**

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**Vv 5-11**

**Intended For Progress,  
Not Punishment**

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**Do Not Despise the Lord's Chastening**

*It could be for...*

- *2 Corinthians 1:3-7 – comfort for another*
- *James 1:2-5 – Allowing patience' perfect work*
- *Psalm 84:6 – Leading others on the journey through this Valley of Tears*

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**God Deals With Us as Children**

*Ephesians 6:4*

*And you, fathers, do not provoke your children to wrath, but bring them up in the training and admonition of the Lord.*

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12

**MEDITATION VERSE****Hebrews 12:2**

**looking unto Jesus, the author and  
finisher of [our] faith, who for the joy that  
was set before Him endured the cross,  
despising the shame, and has sat down at  
the right hand of the throne of God.**

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**BENEDICTION****Jude 1:20-21**

**But you, beloved, building yourselves up  
on your most holy faith, praying in the  
Holy Spirit, keep yourselves in the love of  
God, looking for the mercy of our Lord  
Jesus Christ unto eternal life.**

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